

Cherry Valley-Springfield Central School

WINTER 2018

CONTINUING ED CLASSES

For course descriptions, costs, registration info & updates, call 607-264-3265, x 518, e-mail pjohnson@cvscsd.org or go to www.cvscsd.org and use the drop down menu under the "Community" heading to access the CVSCS Continuing Ed webpage.

COURSE	DATE/TIME	FEE
ACRYLIC PAINTING: WINTER NIGHT	Tuesday, Jan 23: 6-8 pm	\$25/1 class Includes all supplies
ACRYLIC PAINTING: FROZEN POND	Tuesday, Feb 27: 6-8 pm	\$25/1 class Includes all supplies
ALZHEIMER'S DISEASE:10 Signs of Early Detection	Thursday, Jan 25 10 – 11:30 am	None
BASKET WEAVING (Workshop 1): Choose one. Small Waste Basket With Curls: Berry Bottom Fruit Basket:	March 6: 3:30-6:30 pm OR March 7: 5:45-8:45 pm	\$30/1 class
BASKET WEAVING (Workshop 2): Choose one. Shaker Style Cheese Basket: Tissue Basket	March 13: 3:30-6:30 pm OR March 14: 5:45-8:45 pm	\$30/1 class
BEGINNING OR ADVANCED NATURAL SOAP MAKING	Saturday, March 3 10 am-1 pm	\$55 (Beg/1 class) or \$65 (Adv/1 class)
CPR/AED	Wednesday, Feb 28 6 pm	\$20/1 class
CREATE WITH CRICUT EXPRESSION	Monday, Jan 22: 9 am-1 pm OR Sat, Jan 20: 9 am –1 pm	\$30/1 class
DELICIOUS DESSERTS	Mon & Wed, March 5 & 7 6 - 8 pm□	\$35/2 classes
DEMENTIA CONVERSATIONS	Wednesday, Jan 31 10 -11:30 am	None
ESSENTIAL OILS: SAFE USE & A SPECIALTY BLEND□	Saturday, Feb 3 10 am - Noon	\$30/1 class
FIRST AID FOR NEW COACHES	Saturday, March 3 & 10 9 am – 3 pm	\$30/1 day recertification \$60/full 2-day course
JR KARATE 1 (Block 3 starts Jan 8)	Mondays/5:30-6:30pm	\$23/6 classes
JR KARATE 2	Fridays/6:30-7:30pm	\$23/6 classes
ADULT KARATE BASICS	Fridays /5:30-6:30pm	\$23/6 classes
JR KARATE 3	Mondays/6:30-7:30pm	\$25/6 classes
JR KARATE DOUBLES	Mondays & Fridays/6:30-7:30pm	\$33/6 classes
ADULT KARATE	Mondays & Fridays/7:30-9:00pm	\$38/6 classes
KNITTING FOR BEGINNERS	Mondays, February 5 & 12 3:30-5 pm	\$25/2 classes *Does not include supplies
LIGHTED WINTER-THEMED WINE BOTTLE	Wednesday, Jan 24 6 -8 pm	\$30/1 class Includes all supplies
LIQUID SOAPMAKING	Saturday, March 3: 2 – 3:30 pm	\$35/1 class
MEDICARE 101	Wednesday, March 7 10 am - Noon	No Fee/1 class
OPEN COMPUTER NIGHT	Tuesdays: 5 – 7 pm	No Fee
OPEN GYM NIGHT/WOMEN'S BASKETBALL	Wednesdays beg Jan 17 6 – 7 pm	\$20/5 nights/\$5/walk-in *walk-ins must call ahead
POUND	Mondays beg Jan 22 6 - 6:45 pm	\$35/5 classes \$8/walk-ins
UNDERSTANDING ESTATE & ELDER LAW PLANNING	Saturday, March 10 9:30-11:30 am	No Fee/1 class
YOGA/DAYS	Tuesdays:10-11 am beginning Jan 16	\$36/6 classes/\$8/ walk-in
YOGA /EVENINGS	Tuesdays & Thursdays:5:45-6:45 beginning Jan 16 & 18	\$36/6 classes/\$8/ walk-in
ZUMBA	Tuesdays: 5:30-6:30 beginning Jan 16	\$36/6 classes/\$8 walk-in