

"EXPERIENCE"

February 11th, 2018 (518) 295-2001

We are still looking for that special older adult who has stepped up to provide outstanding volunteer service in their community. Our nominees are treated to a wonderful Senior luncheon in Albany and their bio added to the NY State Office of the Aging 2017 Booklet. Don't be bashful! Please call Nancy with your choice of nominations.

Schoharie County Office for the Aging is here to assist adults 60 and older regardless of race, income level, English proficiency level, sexual orientation, religious beliefs or ethnicity. Many programs come with no cost and we would be more than happy to assist you and make referrals on your behalf!

Central Bridge Seniors will meet Tuesday, February 13th at Noon at the Methodist Church Hall. Carlisle Seniors will meet Wednesday, February 14th at 12:30 pm at the Carlisle Firehouse on Route 20. The Cobleskill Young In Heart will meet Wednesday, February 14th at St. Vincent's Church Hall at 1:00 p.m. Allison Smith from Middleburgh, NY will present a program on senior exercise. The Jefferson Seniors will meet Wednesday, February 14th at 1:00 pm at the Community Center in Jefferson. Conesville Mountaintop Seniors will meet at Noon at the Firehouse in Conesville.

The March Caregiver's chat will be held on March 20, 2018 from 2 pm - 3 pm at OFA. We will be having Kelly McGraw from Catskill Area Hospice and Palliative Care join us to speak. If anyone came to the NY Connects Forum we had September 29th, 2017 you know she's a great speaker and a wonderful resource to our community! Stay tuned for more details!

Do you know about the Medicare Savings Program and Extra Help for prescription drugs? Both programs can save you money with co-pays and premiums. In some cases, the Medicare Savings Program can even help with medical co-pays. If you have Medicare, and you have limited income, you may qualify for one of these programs. For the Medicare Savings Program, the monthly income limit for a single person is \$1,345 and \$1,813 for a couple. Premiums for other health insurances can be deducted from income limits. For the Extra Help Program for prescription drugs the monthly income limit for a single person is \$1,471 and \$1,991 for a couple. You can call for more information.

This spring we will be again hosting our AARP tax preparation lab. We will be open on Wednesdays and Thursdays. You will need to make an appointment and bring all your necessary paperwork including last year's taxes. There are some returns that are out of scope. Be prepared for a brief screening when you call for your appointment.

Volunteer drivers are still needed for our medical transportation Program. This is a rewarding way to help those who can't drive themselves to doctor appointments. A small reimbursement is available. Contact Lenore if you are interested.