

"EXPERIENCE"

September 27, 2020

Schoharie County Office for the Aging 518-295-2001

Our offices are now open, **BY APPOINTMENTS ONLY**. We need to stress the importance to be patient so not to lose the progress we have made to keep the virus very low in our county. If you need to see us in person, there will be several new protocols in place that help to keep all of us safe:

1. All office visits must be by appointment. This will ensure time for you to meet with us and then give us enough time to disinfect our meeting space before we visit with someone else.
2. All visitors will sign in & out and have your temperature taken. If it is above 100.5°, you will not be able to stay. You will participate in a brief screening regarding symptoms or proximity to COVID exposure.
3. You will need to wear a mask while you are in the building at all times. Staff will be wearing one as well.
4. All visitors will use hand sanitizer when entering the building.
5. Social distancing is mandatory unless it is with those that you are currently living with. There will be signs designating this spacing. Waiting area chairs will be positioned to meet this requirement. When meeting with staff, at first, we will use a large conference table with chairs positioned 6ft apart to continue to promote this safe spacing.
6. The doors remain locked. If you are scheduled for an appt. come to the door and call the office number 518-295-2001. There will be a sign on the door with the number in case you forget or don't write it down!

If you have any questions or concerns, please give us a call at 518-295-2001

Drive -Thru Food Pantry: Friday, October 30 at 10AM at Cobleskill Elks, 152 Legion Drive Cobleskill, NY. Distribution will be held in the parking lot rain or shine till we run out of food. The event is a first come, first serve. Food distribution is made possible by Cobleskill Elks and Regional Food Bank of NENY.

Veterans Market Coupons: We have application forms for FreshConnect - the Veterans Market coupons. These are different than the regular Farmers Market coupons in that there is no income requirement just that you served in one of the branches of service. You can be active or a family of an active Service member or a Veteran. For more information or to obtain the form to apply call Linda A. at OFA 518-295-2001. Also, this is a reminder that if you haven't received the Farmers Market Coupons from our office, the last day to do so is September 30, 2020!

Nursing homes in New York will be allowed to resume limited visitations for facilities that have been without COVID-19 for at least 14 days, a revision to the 28-day guidelines previously set by the federal Centers for Medicare & Medicaid Services. This updated guidance will allow eligible visitation in approximately 500 of the state's 613 nursing homes. The number of visitors to the nursing home must not exceed ten percent of the resident census at any time and only two visitors will be allowed per resident at any one time.

Another **HEAP** season begins, be on the lookout for those early outreach applications. We are here to assist you, although things will look a bit different this year. Please be sure to answer all questions on the application, sign and date and include current documentation to support the income you report on the application. This documentation is required to complete your application. Feel free to call with questions and ask for Deb or Melissa. Schoharie County Office for the Aging 518-295-2001.

The **Cancer Services Program** will be North Blenheim Mine Kill State Park Tues. 9/29/2020. They are offering FREE Mammograms, Breast Exams, Pap tests and Pelvic Exams to uninsured and under insured women 40 or older. They also have Free Colorectal Cancer Screening take-home kits for men and woman 50 or older who are underinsured uninsured. An appointment is required for you to get your screening on their Mobile coach or for more information just call 1-888-345-0225.

Schoharie County Health Department will have a Flu Shot Clinic at the Charlotteville Fire Department on October 1st from 5 pm – 6 pm.