



BE A PEN PAL

Otsego County Office for the aging is partnering with local school districts to launch an intergenerational Pen Pal project during a time of increased isolation. The project will pair an older adult with a local student who will exchange letters to increase socialization and reduce boredom and loneliness.

Pictures, drawings and paintings are also welcome from young students who want to share their artwork with a local senior.

Benefits for Seniors:

- Help connect with students on a personal level.
- Share life experiences with each other.
- Eliminate or lessen loneliness and boredom.

Benefits for Students:

- Share life experiences with older adults.
- Develop skills in reading and writing.
- Develop a relationship that can help growth and success.

**For more information
or to participate, please
contact the
OTSEGO COUNTY
OFFICE FOR THE AGING**

Monday- Friday
8:30am-4:30pm

Telephone: (607) 547-4232
aginginfo@otsegocounty.com