"EXPERIENCE" January 17, 2021

Schoharie County Office for the Aging 518-295-2001

OFA will be closed in observance of Martin Luther King Jr. Day, Monday, January 18th and resume office hours Tuesday, January 19th, There will be

resume office hours Tuesday, January 19th. There will be no Home Delivered meals when we are closed.

Medicare Advantage Open Enrollment Period-If you're in a Medicare Advantage Plan, you have from January 1 until March 31 to switch to another Medicare Advantage Plan or switch to Original Medicare and join a Medicare drug plan.

Judi England RN will be with us for a phone chat or Zoom option get together. We hope you join in for "New Year, New Beginnings – Healthy Choices for 2021! The challenges of 2020 have taken their toll on all of us—physically, emotionally, and mentally. Going forward, we have the opportunity to learn from our experiences and build on our strengths. Join the conversation on how to apply the lessons of 2020 to plan positive health strategies for the year ahead. Join Zoom Meeting: https://abhealth.zoom.us/i/93354655380?pwd=

Vaccine Update: Information is changing daily, and we will try to get share it in this column and our FB page. Please be patient as we try to work through the process of vaccination of our phase 1b group that now includes all 65+ individuals. The state expansion plan has added pharmacies to help with this delivery. Distribution is being coordinated and finalized and when we receive the vaccine, information will be shared.

NEW YORK STATE OFFICE FOR THE AGING ANNOUNCES LAUNCH OF NEW ONLINE TOOL TO HELP OLDER NEW YORKERS AND OTHER HIGHRISK INDIVIDUALS PROTECT THEMSELVES FROM COVID-19 please visit https://newyork.cv19checkup.org/

COVID-19 please visit https://newyork.cv19checkup.org/ to take the test!

Volunteer drivers are still needed for our medical transportation Program. This is a rewarding way to help those who can't drive themselves to doctor appointments.

A small reimbursement is available. Contact Lengre or Deb

A small reimbursement is available. Contact Lenore or Deb if you are interested.