

"EXPERIENCE"

March 26, 2023

Schoharie County Office for the Aging 518-295-2001

Laughter is good for the soul "I want my children to have all the things I couldn't afford. Then I want to move in with them."

Phyllis Diller

Grab and Go Meals: Now available for people 60 Years + at the Gathering Place, Kenyon Rd, Cobleskill. These meals are provided by Office for the Aging. To reserve Grab and Go meals please call and speak to Judy 10:30 and 2:00pm (518-920-3757)

Glaucoma tests

Medicare Part B (Medical Insurance) covers glaucoma tests once every 12 months if you're at high risk for developing the eye disease glaucoma. You're considered at high risk if at least one of these conditions applies to you:

- You have diabetes.
- You have a family history of glaucoma.
- You're African American and age 50 or older.
- You're Hispanic and age 65 or older.

Your costs in Original Medicare

- After you meet the Part B deductible, you pay 20% of the Medicare-Approved Amount
- In a hospital outpatient setting, you also pay a copayment.

Diabetes screenings

Medicare Part B (Medical Insurance) covers blood glucose (blood sugar) laboratory test screenings (with or without a carbohydrate challenge) if your doctor determines you're at risk for developing diabetes. You may be eligible for up to 2 screenings each year. Part B covers these screenings if you have any of these risk factors:

- High blood pressure (hypertension)
- History of abnormal cholesterol and triglyceride levels (dyslipidemia)
- Obesity
- History of high blood sugar

Part B also covers these screenings if 2 or more of these conditions apply to you:

- You're 65 or older.
- You're overweight.
- You have a family history of diabetes (parents or siblings).
- You have a history of gestational diabetes (diabetes during pregnancy) or delivery of a baby weighing more than 9 pounds.