

"EXPERIENCE"

November 19, 2023

Schoharie County Office for the Aging 518-295-2001

Our office will be closed on Thursday, November 23rd and Friday, November 24th in observance of Thanksgiving Holiday. *We hope everyone has a great Thanksgiving. Let us all try to approach this season with grateful hearts.*

Laughter Is Good For The Soul "Wear gratitude like a cloak, and it will feed every corner of your life." —RUMI

Parkinson Support Group will meet the second Tuesday every month November 14th, 2023, December 12th, 2023, January 9th, 2024, and February 13th, 2024.

HEAP: Applications for adults over 60 years old can be picked up at the Office for the Aging or you can call to have one mailed to you. 518-295-2001.

NY Connects can work with anyone who needs information on long term services and supports – older adults, family members, caregivers, friends/neighbors, veterans and helping professionals. For more information, call Ashley at 518-295-2001.

OFA has a Medical Equipment loan closet (Walkers, canes, wheelchairs, etc.) on loan at NO charge to all ages.

2024 Medicare Open Enrollment– The Medicare Open Enrollment for 2024 will be from October 15th to December 7th, 2023, so mark your calendar!

The Open Enrollment period is the time when senior citizens and the disabled on Medicare are able to determine whether or not their current Medicare coverage is working for them. Each year plans change what they cost and what they cover. Now is the time for people with Medicare to review the changes being made by their current plan and compare it to others to make sure it still meets their needs. Those who don't have prescription drug coverage can also enroll in a drug plan during open enrollment.

All people with Medicare can do this one of the following ways:

- www.medicare.gov
- 1-800-MEDICARE (1-800-633-4227) TTY 1-877-486-2048
- Review the changes to your current plan and contact plan with questions.
- Call SCHOHARIE OFFICE FOR THE AGING for an appointment at (518)-295-2001