

# "EXPERIENCE"

December 3, 2023

## Schoharie County Office for the Aging 518-295-2001

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### Laughter is good for the soul

What do you call a hunter without a nose or a body? Nobody knows!

My Uncle Elroy used to sell pants for 25 cents a piece. They called him Quarter Roy.

Why are pirates called pirates? They just Arr...

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Schoharie County Office for the Aging is accepting donations to help bring holiday cheer to home bound older adults in Schoharie County! Some gift ideas include hats, lap blankets, socks, mittens, tea, easy crafting kits, crossword books - etc. Donations can be brought to our office! If you have any questions - give our office a call & ask for Meg! 518-295-2001

**Life Chat:** Save the date December 19, 2023, at 1PM. stay tuned for information.

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**Parkinson Support Group** will meet the second Tuesday every month December 12th, 2023, January 9th, 2024, and February 13th, 2024.

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**HEAP:** Applications for adults over 60 years old can be picked up at the Office for the Aging or you can call to have one mailed to you. 518-295-2001.

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**NY Connects** can work with anyone who needs information on long term services and supports – older adults, family members, caregivers, friends/neighbors, veterans and helping professionals. For more information, call Ashley at 518-295-2001.

OFA has a Medical Equipment loan closet (Walkers, canes, wheelchairs, etc.) on loan at NO charge to all ages.

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The Medicare Open Enrollment for 2024 ends December 7th, 2023

The Open Enrollment period is the time when senior citizens and the disabled on Medicare are able to determine whether or not their current Medicare coverage is working for them. Each year plans change what they cost and what they cover. Now is the time for people with Medicare to review the changes being made by their current plan and compare it to others to make sure it still meets their needs. Those who don't have prescription drug coverage can also enroll in a drug plan during open enrollment. All people with Medicare can do this one of the following ways:

- <http://www.medicare.gov>
- 1-800-MEDICARE (1-800-633-4227) TTY 1-877-486-2048
- Review the changes to your current plan and contact plan with questions.

**Open enrollment is coming to a close.** However, starting in January Medicare Advantage Open Enrollment Period occurs each year from January 1 through March 31. You can switch from your Medicare Advantage Plan to another Medicare Advantage Plan, or to Original Medicare with or without a stand-alone prescription drug plan (Part D), during the Medicare Advantage Open Enrollment Period (MA OEP). Remember, you can only use this enrollment period if you have a Medicare Advantage Plan. Changes made during this period take effect the first of the month following the month you enroll. For example, if you switch to a new Medicare Advantage Plan in February, your new coverage begins March 1. Unlike Fall Open Enrollment, you can only make a single change during the MA OEP.