

Richfield Springs Rain on

annual HEALTH & Shine **WELLNESS FAIR**

Saturday, September 7

12:00 (noon) to 3:00 pm at Spring Park in the Village

Plenty of things to do and enjoy:

Demonstrations:

- Reiki - Pilates - Yoga - CBD Treatments

Music, Entertainment & Activities:

- Music by Local Musicians
- Bike Rodeo for kids from the age of 6 to 12

Exhibits:

- Bee Blossom
- Reiki Connie Jastremski
- CBD Brad Beckerman
- Office of the Aging Tami Reed
- Otsego Co. Health Abigail Mosenthin
- Bassett Clinic RS Jessica Miller
- Smoking Cessation Jennifer Hill
- Helios Care Kelly McGraw
- Otsego County Sheriff Lt. Fellrath
- Wise Catholic Charities Tara Davis
- MV Prevention Jeff Petrie
- SQSPCA Erica
- Dr. Dudek dental office
- Garden Club of Richfield Springs Becky Marzeski
- Fenner Funeral Home Ron Hess Jr.
- Richfield Springs Historical Society

- Alzheimers Association Ann Thayer

2nd

- FAR-DO Joe Poette
- Richfield Springs FD Rick Spencer
- NYCAM/Bassett Vickie Gwozdz
- RS Youth Sports -
- Otsego 2000 Hiking Outdoors Peg O'Dell
- Herkimer CCF Cameron Burke
- Fidelis Care K. Ames
- Headstart H. Fay
- Otsego Community Foundation J. Katz
- Health Dept. Heidi Bond
- Compassionate Friends Belinda Matteson
- Facepainting Katrina Rivera
- Health Assessment Mike Jastremski and much...much...more!



MOVE. EAT. BE.

FREE ADMISSION

Sponsored by:

Chamber of Commerce Bee Blossom Connie Jastremski Suzette Parsons Richfield Springs Community Food Co-op

Food will be available for sale at the Co-op during the Fair