

## 43rd Annual Norwich Family YMCA

# TURKEY TROT

**5K Race** 12:30 pm

November 24, 2024 • Norwich, NY

at the YMCA, 68 North Broad Street

#### **DIVISIONS:**

5-K women's & men's under 11, 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and over.

#### **RACE INFORMATION:**

Day of race registration begins at 10 am.

#### ENTRANCE FEE **INCLUDES:**

Accurate Chip Timing System, 2025 Turkey Trot Shirt, Arby's Turkey Sandwich, Chocolate Milk, Bagels, Cookies, Pretzels, Fruit, Drink & Chobani Yogurt

#### **ENTRY DEADLINE:**

No entries will be permitted after 12:00 pm the day of the race.





### Chobani.





KIDS NEIGHBORHOOD

**FUN RUN** 

Free 1/2 Mile Neighborhood Run

Children show up at 11:45

in front of the Y Run Begins at 12:00 NOON

Early Registration \$30 until Nov 15th

Kids Neighborhood Fun Run - Free

All Students 12 Grade & Under - \$25.00

Runners' shirts are guaranteed to all

who pre-register by November 15th. Registration afterwards will be a part of

our second order and runners will be

able to pick their shirts up at the Y

**ENTRY FEE:** 

Nov. 16th- 24th: \$35

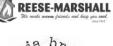
after the event.

PENNYSAVER

Adults -















nycm















Wansor-Moses Chiropractic



## **Norwich Family YMCA Turkey Trot Application**

NAME:	AGE:
ADDRESS:	Sex: MALE FEMALE (please print)
PHONE: ( )	Race Shirt Size: Only guaranteed if pre-registered  YL AS AM AL AXL AXXL
In consideration of my entry being accepted, I, hereby, for myself and my heirs waive and release any and all my rights and/or claims for damages that I may have against the sponsors of this race, and/or the Norwich YMCA, for any injuries that I may suffer in connection with any participation in the 43rd Annual Norwich YMCA Turkey Trot. The registrant and his/her dependents assume responsibility for any and all risks, injuries and property damage which may be acquired while at the	

YMCA Youth Sports Programs. Event fees are not transferable to another entrant. Bib# Signature: (If under 18 years of age legal guardian must sign.)

Norwich YMCA. By signing my name below, I hereby certify that I have read, understand and agree with all the terms and conditions within this release and do intend to be legally bound thereby. All proceeds from entry into this event will cover the cost of this annual event, and any funds remaining will benefit the Norwich