

# STOP THE BLEED

## WHAT STOPS BLEEDING?

In a Stop the Bleed course, you'll learn three quick techniques to help save a life before someone bleeds out:

- ✓ *How to use your hands to apply pressure to a wound*
- ✓ *How to pack a wound to control bleeding*
- ✓ *How to correctly apply a tourniquet*

These three techniques will empower you to assist in an emergency and potentially save a life.

Average time to  
bleed out  
**3 to 5**  
**MINUTES**

Average time for  
1st responders  
to arrive  
**7 to 10**  
**MINUTES**

Trauma-related  
deaths worldwide  
due to bleeding  
**40%**

**JAN. 15, 2025**  
**6:00 PM**  
**FIRST BAPTIST**  
**CHURCH OF**  
**BROOKFIELD**

2416 BEAVER CREEK  
ROAD, BROOKFIELD, NY

**BE A**  
**HERO**  
**SIGN UP**  
**TODAY!**

SCAN TO REGISTER



(Walk-ins welcome)