

"EXPERIENCE"

February 23, 2025

Schoharie County Office for the Aging 518-295-2001

Word of the day! "Gumption," courage or get-up-and-go
Fun Fact! It is impossible for most people to lick their own elbow...

Laughter Is Good For The Soul

- A hacker got into my bank account and left me a note: "Please save more money, this was a complete waste of my time."
- Did you hear they arrested the devil? Yeah, they got him on possession.
- Why don't pirates take a shower before they walk the plank? They just wash up on shore.

Reminder The Parkinson Support Group meets on the second Tuesday of every month, at 1PM, the next meeting will be March 11, 2025, at The Gathering Place, 127 Kenyon Rd. Cobleskill, please call Lenore Tsamis at 518-295-2001 to RSVP or please have any questions.

February Life Chat: Schoharie County Office for the Aging invites you to learn some great information on Heart Health, presented by Vivian Thurber, R.N. and Tracy Vanderveen, LPN of HCR-Homecare. Where? The Gathering Place at 127 Kenyon Road, Cobleskill, N.Y. at 1PM on Wednesday, February 26, 2025. Door prize and light refreshments. For questions or to RSVP contact Lenore Tsamis at 518-295-2001.

Important Tax Info: Our tax site will now have an income threshold for the year 2024, your income must be under **\$65,000** to be completed at Office for the Aging. The process will be very similar to last year; a drop off appt, copies and intake left here for volunteers to complete, and then a pick-up appt to review and approve for e-filing. Please note we have screening questions we must ask everyone. Thank you for your patience. For an appointment call 518-295-2001.

It's Spring Clean-up Time. OFA, in conjunction with the Schoharie County Youth Bureau, is offering Spring Cleanup Day on April 26, 2025. The deadline to register is April 4, 2025. To receive the benefits of this service a member of the household must be 60 or older and be a Schoharie County resident. To sign up please contact Crystal or Amanda, at Office for the Aging at 518-295-2001.

Medicare Reminder: Part B costs for those with higher incomes The Medicare Income-Related Monthly Adjustment Amount (IRMAA) is an amount you may pay in addition to your Part B or Part D premium if your income is above a certain level. The Social Security Administration (SSA) sets four income brackets that determine your (or you and your spouse's) IRMAA. SSA determines if you owe an IRMAA based on the income you reported on your IRS tax return two years prior, meaning two years before the year that you start paying IRMAA. The income that counts is the adjusted gross income you reported plus other forms of tax-exempt income. If you are expected to pay IRMAA, SSA will notify you that you have a higher Part B premium. If you believe you should not pay IRMAA, your circumstances have changed, or your IRMAA was miscalculated, you have the right to request that SSA lower or eliminate your premium increase. You will have to submit evidence whether you are appealing SSA's original determination or requesting a new determination.

Did you know? The only continent with no active volcanoes is Australia.

Thought for the Week... The world can only be grasped by action, not by contemplation.