

# "EXPERIENCE"

July 20, 2025

## Schoharie County Office for the Aging 518-295-2001

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**Word of the day** – Nuance – A nuance is a very small difference in something, such as color, tone, meaning, etc...

**Fun Fact** – Antarctica is the only continent without any reptiles or snakes.

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### Laughter Is Good For The Soul

**Q:** What does a man do only once in his lifetime, but women do once a year after they are 29? **A:** Turn 30.

**Q:** Which word in the dictionary is spelled incorrectly?

**A:** Incorrectly.

**Q:** How do you spell cow in thirteen letters?

**A:** SEE O DOUBLE YOU.

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### **Farmers' Market Coupons Drive Through.**

**Come pick up your Farmers' Market Coupons. July 25th, 11am-1 pm. Schoharie County Office For the Aging, 113 Park Place Suite 3 Schoharie, NY 12157. 518-295-2001.**

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### **Farmers Market Coupon Information:**

This year coupons will be \$5.00 each for a total benefit of \$25.00 per booklet.

#### **Income Eligibility Guidelines:**

Household size	Annual	Monthly	Weekly
1	\$28,953	\$2,413	\$557
2	\$39,128	\$3,261	\$753
3	\$49,303	\$4,109	\$949

Each additional family member add \$10,175 annually  
Issuance of Farmers Market Coupons is targeted to individuals 60 years or older, who are, or affirm that they are, low-income based on above. Call OFA 518-295-2001

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**Reminder The Parkinson Support Group** meets on the second Tuesday of every month, at 1PM. The next meeting will be on August 12, 2025, at The Gathering Place, 127 Kenyon Rd. Cobleskill, 12043.

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### **Schoharie County Office for the Aging invites you to:**

**Join our Caregiver Support Group "Life Chat" on Wednesday, July 23rd, at 1:00 PM** for our monthly meeting where we will share life events and caregiving. In addition, Kim Prest, Early Woodlands Property Manager, will discuss Support Living, Rental Information, Application Process, Events and Activities. The Gathering Place, 127 Kenyon Road, Cobleskill, N.Y. Door prizes and light refreshments will be available. Questions or to RSVP contact Lenore Tsami at 518-295-2001.

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**AARP Defensive Driving Class will be held August 8, 2025,** from 9:00 AM to 4:00 PM, Course fee \$25.00 AARP Members, \$30.00 Non-AARP Member. Payment by check or money order only made out to AARP. **No Cash payments** will be accepted. Bring your Driver's license & AARP Card if you are a member. There will be a 30-minute lunch break. Please arrive a few minutes early for the registration process. Registration Required 518-295-2001.

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**Did you know?....Characters from The Flintstones were used in Winston cigarette ads.** You may remember Fred, Wilma, Barney, Betty, and those fabulous jewels that the ladies wore. But you might be surprised that the show was originally sponsored by Winston Cigarettes, and Fred and Barney even showed up, cigarettes in hand, in some of their commercials. All I can say to that is, "Yabba Dabba Doo!"

**Thought for the Week...** "It is often the small steps, not the giant leaps, that bring about the most lasting change."

Queen Elizabeth II