

"EXPERIENCE"

October 5, 2025

Schoharie County Office for the Aging 518-295-2001

Word of the day – Bumfuzzle: To confuse or fluster someone. It's a delightful word that can add a touch of humor to your conversations. For example, you might say, "The complicated instructions really bumfuzzled me!"

Fun Fact – Water sounds different depending on the temperature. Heat changes how thick water is, which affects the sounds water makes as it is running. Cold water makes a higher pitch than hot water.

***** **Laughter Is Good For The Soul**

- Why do pancakes always win at baseball? They have the best batter.
- What do toilets do when they're embarrassed?
They get a bit flush
- A bossy man walked into a bar...And ordered everyone a round.

Reminder The Parkinson Support Group meets on the second Tuesday of every month, at 1PM. The next meeting will be on **October 7, 2025**, at The Gathering Place, 127 Kenyon Rd. Cobleskill, NY., 12043.

Schoharie County Office for the Aging invites you to:

Join our Caregiver Support Group "Life Chat" on Wednesday, October 22, at 1:00 PM for our monthly meeting where we will share life events and caregiving. The Gathering Place, 127 Kenyon Road, Cobleskill, N.Y. Door prizes and light refreshments will be available. Questions or to RSVP contact Lenore Tsami at 518-295-2001.

AARP Defensive Driving Class will be held **October 10, 2025**, from 9:00 AM to 4:00 PM, Course fee \$25.00 AARP Members, \$30.00 Non-AARP Member. Payment by check or Money Order Only made out to AARP. **No Cash payments** will be accepted. Bring your Driver's license & AARP Card if you are a member. There will be a 30-minute lunch break. Please arrive a few minutes early for the registration process. Registration Required 518-295-2001.

***** **2026 Medicare Open Enrollment**

The Medicare Open Enrollment for 2026 will be from October 15th to December 7th, 2025, so mark your calendar!

The Open Enrollment period is the time when senior citizens and the disabled on Medicare are able to determine whether or not their current Medicare coverage is working for them. Each year plans change what they cost and what they cover. Now is the time for people with Medicare to review the changes being made by their current plan and compare it to others to make sure it still meets their needs. Those who don't have prescription drug coverage can also enroll in a drug plan during open enrollment.

All people with Medicare can do this one of the following ways:

- www.medicare.gov
- 1-800-MEDICARE (1-800-633-4227) TTY 1-877-486-2048
- Review the changes to your current plan and contact plan with questions.

Call SCHOHARIE OFFICE FOR THE AGING for an appointment at (518)-295-2001.

***** **MEDICARE REMINDER:**

HIV Screenings - **Human Immunodeficiency Virus (HIV)** attacks the body's immune system and can lead to Acquired Immunodeficiency Syndrome (AIDS). Screening can help determine if you need medical treatment for HIV.

Eligibility: Medicare Part B covers an annual HIV screening if you are:

- Age 15-65
- Younger than 15 or older than 65, and at increased risk
- Or, pregnant. Note: Pregnant women are eligible to receive coverage for up to three HIV screenings during pregnancy.

If you qualify, Original Medicare covers HIV screenings at 100% of the Medicare-approved amount when you receive services from a participating provider. **This means you pay nothing (no deductible nor coinsurance). Medicare Advantage Plans are required to cover HIV screenings** without applying deductibles, copayments, or coinsurance when you see an in-network provider and meet Medicare's eligibility requirements for the service.

During the course of your screening, your provider may discover and need to investigate or treat a new or existing problem. This additional care is considered diagnostic, meaning your provider is treating you because of certain symptoms or risk factors. Medicare may bill you for any diagnostic care you receive during a preventive visit.

Medicare coverage of PrEP

Medicare Part B covers FDA-approved Pre-exposure Prophylaxis (PrEP) using antiretroviral drugs to prevent HIV in individuals at increased risk. Note that Part D covers PrEP for individuals who have HIV and take PrEP to treat their HIV.

HEAP Program Opens November 3rd: Applications for adults over 60 years old who are new to the program will be available after November 3rd at Office for the Aging or you can call to be put on the mailing list 518-295-2000.

Did you know?... The most expensive new car ever sold went for \$13 million. This custom-built Rolls-Royce is one of a kind. However, the most expensive car ever purchased is a 1963 Ferrari GTO that recently sold for \$70 million.

Thought for the Week: "When you have exhausted all possibilities, remember this: You Haven't." – Thomas Edison