

"EXPERIENCE"

November 23, 2025

Schoharie County Office for the Aging
518-295-2001

November is National Caregiver Month **HAPPY THANKSGIVING WEEK!**

We will be closed on Thursday, November 27th for Thanksgiving Day, and Friday, November 28th. Home delivered meals **will not** be delivered on those days. We will reopen Monday, December 1st.

The Medicare Open Enrollment for 2026 ends December 7th, 2025. We are unfortunately fully booked and do not have any appointments available.

All people with Medicare can do this in one of the following ways:

- www.medicare.gov
- 1-800-MEDICARE (1-800-633-4227) TTY 1-877-486-2048
- Review the changes to your current plan and contact plan with questions.

The Parkinson Support Group meets the second Tuesday of every month, at 1PM, the next meeting will be December 9, at The Gathering Place, 127 Kenyon Rd., Cobleskill, please call Lenore Tsamis at 518-295-2001 to RSVP or please have any questions.

AARP Defensive Driving Class will be held December 12, 2025, from 9:00 AM to 4:00 PM, Course fee \$25.00 AARP Members, \$30.00 Non-AARP Member. Payment by check or Money Order Only made out to AARP. No Cash payments will be accepted. Bring your Driver's license & AARP Card if you are a member. There will be a 30-minute lunch break. Please arrive a few minutes early for the registration process. Registration Required 518-295-2001.

Tis the season of Giving: Schoharie County Office for the Aging is accepting donations to help bring holiday cheer to home bound older adults in Schoharie County! Some gift ideas include hats, lap blankets, socks, mittens, tea, easy crafting kits, crossword books - etc. Donations can be brought to our office! If you have any questions - give our office a call & ask for Meg! 518-295-2001.

Thought for the week: "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." – John F. Kennedy