

"EXPERIENCE"

December 14, 2025

Schoharie County Office for the Aging 518-295-2001

We will be closed on Christmas Eve, Wednesday, December 24, and Christmas Day, Thursday, December 25th. Home delivered meals will not be delivered on those days.

Laughter Is Good For The Soul:

- Why did December bring a ladder to the party? Because it wanted to take the celebrations to the next level!
- What do you call a snowman with a six-pack? An abdominal snowman!
- December: when "just one cookie" becomes a lifestyle.

We will be offering Grab & Go Meals Tuesdays, Wednesdays, and Thursdays, HERE At the Office for the Aging, 113 Park Place Suite 3, Schoharie - pick up will be in the Community Room from 11 am – 1 pm. Please call us to reserve a meal! 518-295-2001.

Social Security Statements: Just a Friendly reminder, the new Social Security Income Statement for 2025 will be sent out to you shortly, keep them handy, this is a very important document you sometimes need throughout the year.

Reminder The Parkinson Support Group meets the second Tuesday of every month, at 1PM, the next meeting will be January 13, 2026, at The Gathering Place, 127 Kenyon Rd. Cobleskill. Please call Lenore Tsamis at 518-295-2001 to RSVP or please have any questions.

Important Tax Prep Update: Our tax site will now have an income threshold for the year 2025, your income must be **under \$67,000** and **you must be at least 60 years old or older to be completed at Office for the Aging.**

Tax season is just around the corner. We will be accepting calls for appointments starting Jan. 13, 2026. The process will be very similar to last year; a drop off appt, copies and intake left here for volunteers to complete, and then a pick-up appt to review and approve for e-filing. Appointments will be made for a February 2nd start date. Please note we have screening questions we must ask everyone. Thank you for your patience. For an appointment call 518-295-2001.

AARP Defensive Driving Classes will resume in April 2026.

HEAP Applications for adults over 60 years old can be picked up at the Office for the Aging or you can call to have one mailed to you. 518-295-2001.

Thought for the week: Dear stress, I'm breaking up with you before Christmas. It's me...choosing peace.