

# **Delaware County Public Health Services Releases the 2025-2030 Community Health Assessment and Community Health Improvement Plan**

Delaware County Public Health Services, in collaboration with local hospital partners, announces the release of the 2025-2030 Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP).

The CHA reflects the prevailing health and social support needs expressed by Delaware County residents and professionals who offer health and social care services to those residents. These needs were identified through publicly available Community Health surveys and interviews with hospital and community-based organization representatives.

With nearly a third of the County residents age 65 plus, the data revealed a variety of chronic disease diagnoses that are age dependent as well as nutrition and exercise dependent. In addition, stakeholder interviewees often pointed to transportation difficulties and resulting isolation – a factor that drives anxiety, depression, and even suicide. Transportation as a barrier and the expanse of the geographic region leave many unable to access physical health and mental health appointments. This is compounded by the lack of adequate primary and specialty providers.

Through collaboration with partners, Public Health is committed to addressing the health and social support concerns and needs uncovered in the CHA. The CHIP is a detailed action plan to address these identified needs with selected priorities that address nutrition and food security, mental health issues, physical activity, and access specifically related to cooling centers. Specific evidence-based interventions are outlined in the CHIP. Some will address the disparities experienced by low-income individuals, while others are directed more generally to the health and social care needs at hand.

A copy of the 2025-2030 CHA/CHIP can be found on the Delaware County Public Health website: <https://www.delcony.us/ph/wp-content/uploads/sites/86/2022/08/FINAL-CHA-CHIP-CSP-Delaware-County-Public-Health-2025.pdf>

Delaware County Public Health thanks the public for their time and effort in contributing to this important cause. Together, we can create a healthier future for our community. ➡