

"EXPERIENCE"

April 5, 2026

**Schoharie County Office for the Aging
518-295-2001**

HAPPY EASTER

Laughter is good for the soul

- Easter: the only time it's socially acceptable to put all your eggs in one basket.
- Chocolate bunnies are proof that biting ears first is completely normal behavior.
- Reminder: calories don't count on holidays...especially the chocolate shaped ones.

We will be offering Grab & Go meals HERE at Office for the Aging 113 Park Place Suite 3, Schoharie – Tuesday-Thursdays in the Community Room from 11 am – 1 pm. Please call us to reserve a meal! 518-295-2001.

Fun Fact! The idea of the Easter Bunny was brought to America by German immigrants in the 1700s.

Medicare: Emergency and Ambulance Coverage

If you have Original Medicare, Part B covers emergency room services anywhere in the U.S. Medicare Advantage Plans must also cover emergency services anywhere in the country. For emergency care, remember that:

- Your plan can't require you to see an in-network provider.
- You don't need a referral.
- There are limits on how much your plan can bill you if you receive emergency care out of your plan's network. Specifically, you will be billed either \$50 or your plan's in-network cost for emergency services, whichever is less.
- Your plan must cover medically necessary follow-up care related to the medical emergency if delaying care would endanger your health.
- You have the right to appeal if your plan denies a claim for emergency care.

If you have Original Medicare, Part B covers emergency ambulance services if:

- An ambulance is medically necessary, meaning it's the only safe way to transport you
- The reason for your trip is to get a Medicare-covered service or return from getting care
- You are transported to and from certain locations, And, the transportation provider meets Medicare ambulance requirements

To be eligible for coverage of non-emergency ambulance services, you must be bedbound or need essential medical services during your trip that are only available in an ambulance. This could include administration of medications or monitoring of vital functions. Original Medicare never covers ambulance services.

If you have a Medicare Advantage Plan, your plan must cover the same ambulance services that Original Medicare covers but can do so with different costs or network restrictions. Contact your plan directly to learn more about how it covers ambulance transportation.

Did you know: The tradition of decorating eggs dates back thousands of years and symbolizes new life and renewal.

AARP Defensive Driving Class will be held April 10, 2026, from 9:00AM to 4:00PM, Course fee \$25.00 AARP Members, \$30.00 Non-AARP Member. Payment by check or Money Order Only made out to AARP. No Cash payments will be accepted. Bring your Driver's license & AARP Card if you are a member. There will be a 30-minute lunch break. Please arrive a few minutes early for the registration process. Registration required: 518-295-2001.

Reminder The Parkinson Support Group meets on the second Tuesday of every month, at 1PM, the next meeting will be **April 14, 2026**, at The Gathering Place, 127 Kenyon Rd. Cobleskill, please call Lenore Tsamis at 518-295-2001 to RSVP or please have any questions.

Life Chat: Schoharie County Office for the Aging invites you to our monthly Life Chat Meeting. Wednesday, April 22, 2026, 1PM., at the Office for the Aging, 113 Park Place, Suite #3, Schoharie, NY 12157. Door prize and light refreshments! Questions or to RSVP contact Lenore Tsamis at 518-295-2001.

Thought for the week: Life is a lot like an Easter egg hunt-sometimes things are hidden, sometimes a little messy, and occasionally unexpectedly sweet. No matter your age, there's always joy to be found... especially if chocolate is involved.