

"EXPERIENCE"

August 2, 2026

Schoharie County Office for the Aging 518-295-2001

Vivo, The New Exercise Virtual Strength Training Program will resume classes on **August 4th**. Then continuing every **Tuesday at 9:00AM**

The Parkinson Support Group meets on the second Tuesday of every month, at 1PM, the next meeting will be **August 11, 2026**, at The Gathering Place, 127 Kenyon Rd. Cobleskill, please call Lenore Tsamis at 518-295-2001 to RSVP or please have any questions.

Life Chat for August: Please join Life Chat for our monthly meeting on **August 26, 2026** at 1PM. RSVP to **Lenore at 518-295-2001**. Schoharie County Office for the Aging, 113 Park Place, Suite #3, Schoharie, NY 12157. Door prize and light refreshments!

AARP Defensive Driving Class will be held **August 14, 2026**, from 9:00AM to 4:00PM, Course fee \$25.00 AARP Members, \$30.00 Non-AARP Member, no cash or credit cards are accepted, only check or Money Order made out to AARP. Registration required: 518-295-2001.

How do I sign up for Medicare?

If you already get Social Security benefits, you do not need to sign up for Medicare. The Social Security Administration will automatically enroll you in Original Medicare (Part A and Part B) when you become eligible. You will receive a Medicare card in the mail.

Because you must pay a premium for Part B coverage, you can turn it down. However, if you decide to sign up for Part B later, your coverage can be delayed, and you may have to pay a late enrollment penalty for as long as you have Part B coverage.

Residents of Puerto Rico or foreign countries will NOT automatically receive Part B. They must elect this benefit.

If you don't get Social Security benefits and are not ready to apply for them yet, you should sign up for Medicare three months before your 65th birthday. The easiest way to apply for Medicare is by using the online application at www.ssa.gov/benefits/medicare/ or you can make an appointment by calling Social Security at 1-800-772-1213 (TTY 1-800-325-0778), 8:00 a.m. – 7:00 p.m., Monday through Friday.